



Missouri Louis Stokes Alliance for Minority Participation

Summer Sophomore Experience

August 6 - August 11, 2017



WELCOME!!!!!!

The Summer Sophomore Experience at Harris-Stowe State University is a 1-week program consisting of STEM engagements inside and outside of the classroom. This particular program is funded by the National Science Foundation (NSF). Louis Stokes Alliance for Minority Participation (LSAMP) is aimed at increasing the quality and quantity of students successfully completing science, technology, engineering, and mathematics (STEM) baccalaureate degree programs. In addition, increasing the number of students interested in, academically qualified for and matriculating into programs of graduate study. The Missouri LSAMP was strategically constructed to bring together the unique strengths of each institution (*Harris-Stowe State University, Lincoln University, St. Louis Community College – Center for Plant and Life Sciences, Truman State University, University of Central Missouri, Washington University, University of Missouri – St. Louis, and University of Missouri – Columbia*) and in an aggressive effort to substantially increase recruitment, retention, and graduation of underrepresented minority students who pursue degrees in STEM fields. Therefore, the purpose of this program is to prepare students for the rigors of STEM coursework, and to succeed as a student of color in STEM.

Summer Sophomore Experience meets August 6 through August 11, 2017, and on the campus of Harris-Stowe State University.



Faculty, Staff, and Student Staff

Faculty

Dr. Sandra Leal, *Associate Professor of Biology*

Staff

Dr. Andre Brown, *MoLSAMP, Program Director*

Tara Houston, *MoLSAMP, Program Coordinator*

Student Staff

Brittney McFarland, *Junior*

Joseph Caine, *Junior*

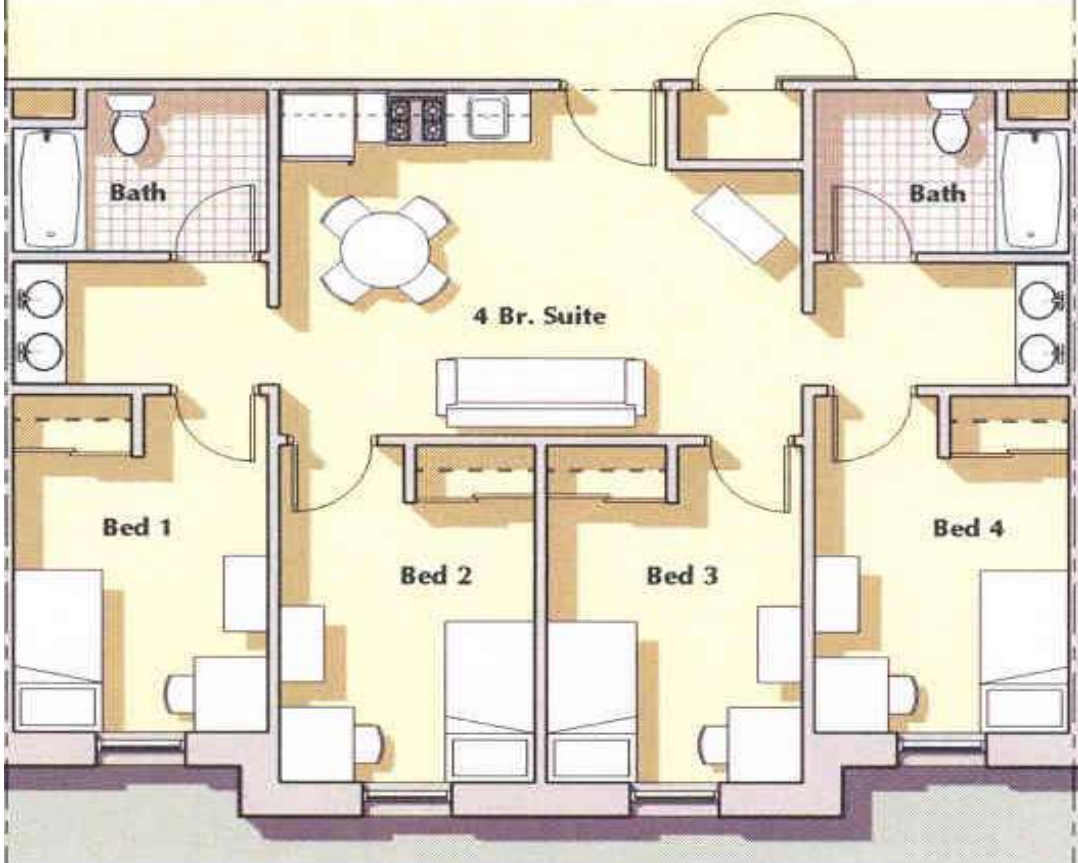
Taevin Lewis, *Junior*

Emergency Contact

Residential Life – (314) 766-2698

HSSU Campus Police – (314) 340-3333

Gillespie Residential Hall will be the residence of all students for the week long Summer Sophomore Experience Program. Please see below for details on what the building and rooms look like.



WHAT TO BRING CHECKLIST

Your residential experience is an important and integral part of your college education. It can be difficult to remember everything that you will need to bring when moving to college.

Below we have compiled a list of suggested items that you may want to bring with you to your new home. We have categorized them into specific groups to make it easier for you to pack.



STORAGE

- cd/dvd storage crates
- underbed boxes
- shoe rack
- hangers
- closet organizers
- duffel bag
- flashlight
- batteries
- first aid kit
- sewing kit



BATH

- washcloths
- towels
- bath rug
- tissue
- toothbrush
- toothpaste
- shower caddy
- shower curtain
- shower liner
- shower rings
- robe & slippers



LOUNGE

- tv
- cable cord
- dvd player
- stereo
- headphones
- cordless phone
- answering machine
- gaming system
- alarm clock
- floor lamp
- toss pillows



BEDDING

- 2 XL twin sheet sets
- 2 pillows
- 2 pillowcases
- body pillow
- blanket
- comforter set
- bed risers
- room fresheners
- decorations
- mattress pad
- humidifier



KITCHEN

- food storage
- plates
- bowls
- flatware
- tumblers
- mugs
- water filter/refills
- trash can
- bag clips



STUDY

- desk lamp
- light bulbs
- trash can
- dry erase board
- computer/accessories
- ethernet cord
- surge protector
- memory stick
- calculator
- planner
- notebooks
- highlighters
- pens/pencils
- backpack
- blank disc
- sticky notes
- pencil sharpener



CLEANING

- laundry basket
- laundry bag
- detergent
- fabric softener
- powder bleach
- drying rack
- iron
- ironing board
- vacuum
- broom
- mop
- mop bucket
- cleaning towels
- scrub sponges
- cleaning products
- dishwashing products
- trash bags

-Meal plans are required for all students living on campus at Harris-Stowe State University. You will sign up for your meal plan upon applying for your suite in the residence hall.

-No Pets

-No Liquid Bleach

-No Candles

Please do not buy the following:

-Mini Refrigerators

-Microwave Ovens

-Open Coil Heating Elements Such As:

Toasters

Fryers

Toaster Ovens

Personal Heaters

Pizza Cookers

HOUSE RULES

Harris-Stowe State University summer college rules are below. All rules listed in the section are general “**House Rules.**” Students should read over these very carefully, and make themselves knowledgeable of all rules.

Rules

1. **Dress Code** – Women: No leggings, crop tops, short-shorts, or tank tops. If you have to question your wardrobe, please do not wear it. Men: No tank tops, jerseys, or questionable graphic t-shirts. Within this program, you will be participating in several different field trips. We would like all students to look representable of their universities. Jeans and shorts are permitted, but shorts for women cannot be extremely short.
2. Students are not allowed to drive or ride in personal vehicles during the duration of the campus unless given permission.
3. Participants are to remain with other students unless in dorm room.
4. Campus regulations prohibit the use of illegal substances or the use of alcohol. Students will not possess, use, or distribute alcoholic beverages.
5. The use of tobacco products of any kind is prohibited.
6. Visitation by anyone not in the program is allowed, but only in the residential hall lobby until 30 minutes before “lights out.” Student will still check in their guest and visitor must provide proper identification.
7. Students will attend all classes, and scheduled activities off campus. Full participation is required to receive stipend.
8. Students will be given internet access, but misuse of internet privileges will be prohibited.
9. All furniture must remain unchanged and kept in place. Vandalism of any kind will be charged to the responsible party.
10. Participants should keep their own individual key with them at all times. One should not rely on their roommate for the key to the room.
11. Students must carry identification with them at all times. It can be their university ID or driver’s license.
12. Any student not abiding by the rules will be given a formal/verbal warning first. If student does not adhere to rules after warning, they will be dismissed from the program.
13. Upon dismissal, student will have up to two hours to remove their belongings and exit campus. Student will not receive stipend upon dismissal.

Nightly Check-In

Students must be in the residential hall building by 11:00 pm Sunday through Thursday night. There will be nightly checks, and students must remain in the room until departure for breakfast each morning.

Ordering Food after Nightly Check-In

Students may order food after nightly check-in, but are not allowed to go outside to meet the delivery person. Deliver person must enter into the lobby. No food can be delivered after midnight.

Courtesy and Quiet Hours

Courtesy hours are 24 hours a day. This mean you will respect other student’s privacy by limiting the amount of noise they create. Quiet hours start at 11:00 pm until 7:00 am each day.

Participant Signature: _____ **Date:** _____ ****Student will keep copy of this, and return other copy to program director once read and signed. Student’s signature acknowledges that they are subject to dismissal if rules are not abided by.*

Dining Services

All meals will be provided by Harris-Stowe State University dining hall in Bosley. Due to summer time hours, meals will only be provided for breakfast, lunch, and dinner. Any food needed outside of those designated times will either be brought or bought by the student. Below is a list of some of the local restaurants that do deliver to students living on campus.

Domino's

1430 N 13th St
(314) 421-3030

Happy Wok

3623 Page Blvd
(314) 535-5688

Papa John's

201 N Tucker Blvd E
(314) 621-7272

Pickleman's

3722 Laclede Ave
(314) 802-7410

Pizza Hut

4175 Lindell Blvd
(314) 531-0900

Wing Zone (order via www.grubhub.com; www.seamless.com; www.eat24.com)

1643 S. Jefferson Ave
(314) 664-9464

Chipotle (order via Postmates)

212 S. Grand Blvd
(314) 342-9919

There are several other food places to order from through Postmates. Check the website below for places they sponsor. *Delivery rates will apply.*

<https://order.postmates.com/>

Summer Schedule for August 6th – August 11th

Sunday, August 6	<u>Start</u>	<u>End</u>	<u>Activity/Event</u>	<u>Location</u>
	2:00 PM	4:00 PM	Registration and Room Check-in	Gillespie Lobby
	4:00 PM	5:00 PM	Program Opening	Gillespie Lobby
	5:00 PM	6:00 PM	Small Group Meetings and Assessment	Gillespie Study Rooms
	6:00 PM	7:00 PM	Dinner	Gillespie Courtyard
	7:00 PM	8:30 PM	Evening Star Party with St. Louis Astronomical Society	Gillespie Residence
	8:30 PM	10:30 PM	Free Time	Gillespie Residence Hall
	10:30 PM	-	Room Check	Gillespie Residence Hall

Monday, August 7	<u>Start</u>	<u>End</u>	<u>Activity/Event</u>	<u>Location</u>
	7:00 AM	8:30 AM	Breakfast	Bosley Dining Hall
	8:30 AM	9:15 AM	Campus Tour	Bosley Dining Hall
	9:15 AM	10:30 AM	Networking Skills Presentation – Mr. Virgil Pearson	Telecommunity Room 108
	10:30 AM	10:45 AM	Break	Telecommunity Room 108
	10:45 AM	11:45 AM	Library Presentation	Telecommunity Room 108
	11:45 AM	12:45 PM	Lunch	Bosley Dining Hall
	12:45 PM	1:00 PM	Board Transportation	Gillespie Residence Hall
	1:00 PM	1:45 PM	Drive to Monsanto	
	1:45 PM	2:00 PM	Check in at Monsanto	Monsanto Company
	2:00 PM	5:00 PM	Monsanto Tour and Career Panel	Monsanto Company
	5:00 PM	6:00 PM	Board Transportation/Travel Back to Harris-Stowe State University	
	6:00 PM	7:00 PM	Dinner	Bosley Dining Hall
	7:00 PM	8:30 PM	Field Experience Review	HGA Room 220/221
8:30 PM	10:30 PM	Free Time	Gillespie Residence Hall	
10:30 PM		Room Check	Gillespie Residence Hall	

Tuesday, August 8	<u>Start</u>	<u>End</u>	<u>Activity/Event</u>	<u>Location</u>
	7:00 AM	8:30 AM	Breakfast	Bosley Dining Hall
	8:30 AM	9:20 AM	Social Media and Professional Development	HGA Room 215
	9:20 AM	9:30 AM	Break	
	10:30 AM	11:45 AM	Crime Scene Investigation Activity	--
	11:45 AM	1:00 PM	Lunch	Bosley Dining Hall
	1:00 PM	2:30 PM	Keys to Financial Aid	HGA Room 215
	2:30 PM	2:35 PM	Break	HGA Room 215
	2:35 PM	4:00 PM	Financial Literacy presented by Commerce Bank	HGA Room 215
	4:00 PM	5:00 PM	Field Experience Review	HGA Room 220/221
	5:00 PM	6:00 PM	Free Time	---
	6:00 PM	7:00 PM	Dinner	Bosley Dining Hall
	7:00 PM	8:30 PM	Field Experience Review	HGA Room 220/221
	8:30 PM	10:30 PM	Free Time	Gillespie Residence Hall
	10:30 PM		Room Check	Gillespie Residence Hall

Wednesday, August 9	<u>Start</u>	<u>End</u>	<u>Activity/Event</u>	<u>Location</u>
	7:00 AM	8:30 AM	Breakfast	Bosley Dining Hall
	8:30 AM	9:00 AM	Board Transportation/Drive to The Chain of Rocks Plant	
	9:00 AM	11:00 AM	The City of St. Louis Water Department Tour & Career Panel	Chain of Rocks Plant
	11:00 AM	11:30 AM	Board Transportation/Return to HSSU	
	11:30 AM	12:45 PM	Lunch	Bosley Dining Hall
	12:45 PM	1:00 PM	Board Transportation/Drive to St. Louis Children's Hospital	
	1:00 PM	4:00 PM	St. Louis Children's Hospital Tour & Career Panel	St. Louis Children's Hospital
	4:00 PM	4:30 PM	Board Transportation/Return to HSSU	
	4:35 PM	5:45 PM	Small Group Meetings	TBD
	5:50 PM	7:00 PM	Dinner	Bosley Dining Hall
	7:00 PM	8:30 PM	Field Experience Review	HGA Room 220/221
	8:30 PM	10:30 PM	Free Time	Gillespie Residence Hall
	10:30 PM	-	Room Check	Gillespie Residence Hall

Thursday, August 10	<u>Start</u>	<u>End</u>	<u>Activity/Event</u>	<u>Location</u>
	7:00 AM	8:30 AM	Breakfast	Bosley Dining Hall
	8:30 AM	10:00 AM	Academic Study Skills Review	HGA Room 215
	10:00 AM	10:50 AM	Workforce and Graduate School Prep	HGA Room 215
	10:50 AM	11:50 AM	Graduate Fair	HGA Lower Level Hallway
	11:50 AM	1:00 PM	Lunch with Graduate School Counselors	Bosley Dining Hall
	1:00 PM	2:30 PM	Field Experience Review	HGA Room 220/221
	2:30 PM	5:00 PM	Seminar Presentation Practice	AT&T Library and Technology Resource Center
	5:00 PM	6:00 PM	Dinner	Bosley Dining Hall
	6:00 PM	6:30 PM	Change Clothing for Bowling/Walk to Moolah	Gillespie Residence Hall
	6:30 PM	7:00 PM	Moolah Theatre & Lounge	Moolah Theatre & Lounge
	7:00 PM	10:00 PM	Bowling	Moolah Theatre & Lounge
	10:00 PM	10:30 PM	Walk back to Harris-Stowe State University	HSSU
	10:30 PM	-	Room Check	Gillespie Residence Hall

Friday, August 11	<u>Start</u>	<u>End</u>	<u>Activity/Event</u>	<u>Location</u>
	7:00 AM	8:30 AM	Pack and Clean the Residence Hall	Gillespie Residence Hall
	8:30 AM	9:00 AM	Breakfast	ECDC
	9:00 AM	12:00 PM	Breakfast/Presentations	ECDC
	12:00 PM	1:00 PM	Guest Speaker and Lunch	ECDC
	1:00 PM	2:00 PM	Presentation of Certificates	ECDC

Summer Sophomore Experience Project Details

To be completed by Dr. Leal.

Summer 2017 Participants



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Christopher Lee
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Ikram Mohamed
Major: Biology
University: HSSU
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*****Not Pictured::** Essence Ward-Bolden; HSSU; St. Louis, MO

Summer 2017 Staff



Brittney McFarland

Major: Biology
University: HSSU
East St. Louis, IL



Joseph Caine

Major: Urban Ecology
University: HSSU
Black Jack, MO



Taevin Lewis

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Collierville, TN